

WHY DO YOU WANT TO PASS THE RD EXAM?

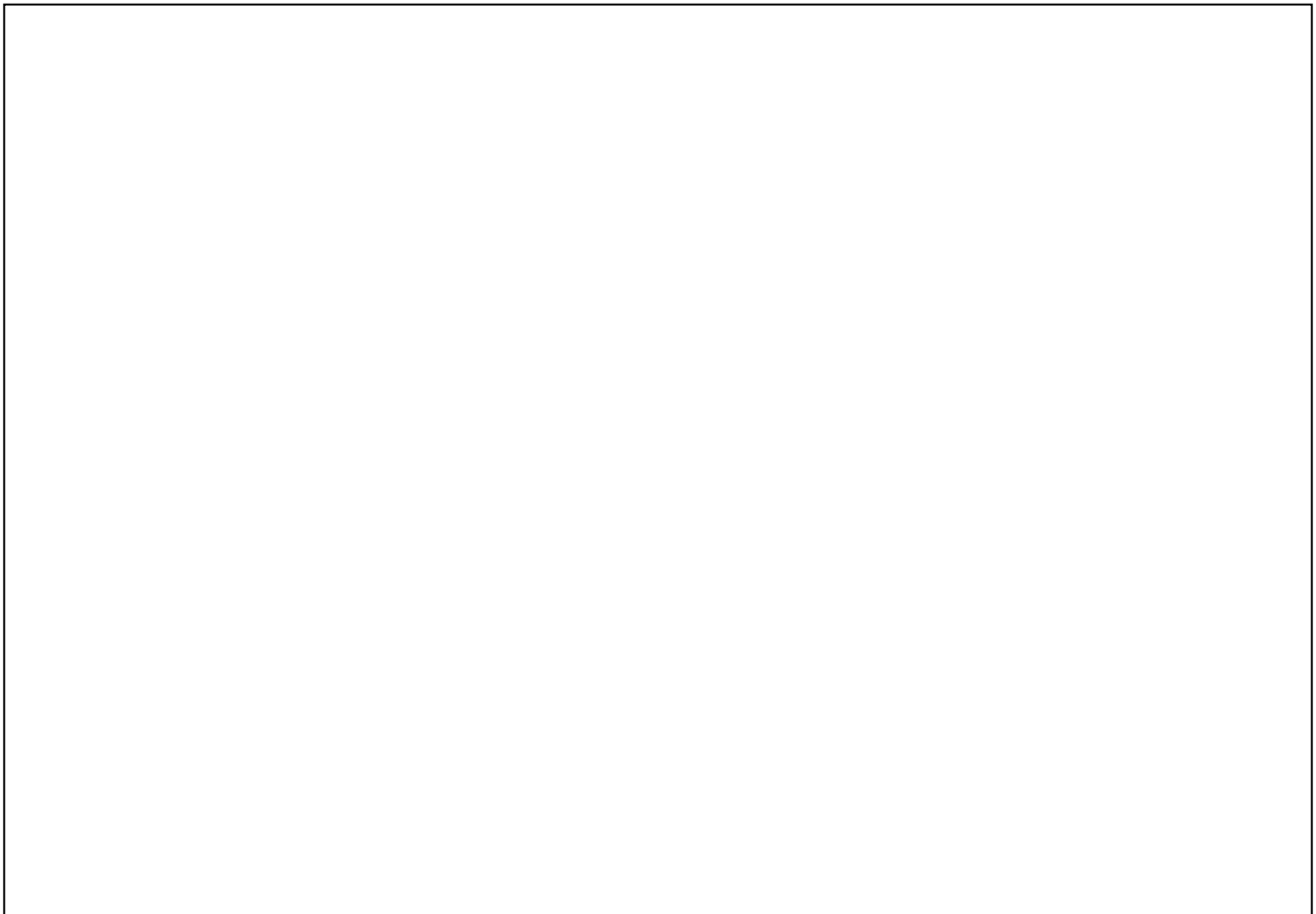
If you've taken the test before and haven't passed, it can be discouraging to start the study process all over again.

'Why bother?', you might think. You've studied before and didn't pass.

'Why are other people passing and I'm not?'

Use this worksheet to list the reasons you persist. Write down quotes you find inspiring. What are your goals beyond passing the exam. Why do you want to be an RD? Who do you want to help? How do you want to help?

Revisit this sheet before sitting down to study, and move your headspace somewhere positive.

A large, empty rectangular box with a thin black border, intended for the student to write their responses to the prompts above.